

**MANIFESTATION OF THEOSOPHICAL PERSPECTIVE IN  
THE PROCESS OF GAINING SELF- DISCOVERY  
IN PAULO COELHO'S *ALEPH***

**THESIS**

**BY:  
RATNA CANDRA SARI  
NIM 0911110241**



**ENGLISH STUDY PROGRAM  
LANGUAGE AND LITERATURE DEPARTMENT  
FACULTY OF CULTURE STUDIES  
UNIVERSITAS BRAWIJAYA  
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## ABSTRACT

Sari, Ratna Candra. 2013. **Manifestation of Theosophical Perspective In The Process of Gaining Self- Discovery in Paulo Coelho's *Aleph***. Study program of English, Universitas Brawijaya. Supervisor: Yusri Fajar; Co-supervisor: Fredy Nugroho Setiawan.

Keywords: Theosophy, Self- Discovery, Existential Crisis, Paulo Coelho, *Aleph*

Existentialism proposes the idea that human being has to define his own life. Existentialism as a universal element in all thinking is the attempt of man to describe his existence and its conflicts. Human is said to have existential crisis when he is filled with the question of what is his true essence as a human being in the contemporary world. This problem however is able to encourage him to seek for the solution. Since each individual has his own way to solve his problem, this study analyzes the effort of facing existential crisis in *Aleph*, an autobiographical novel by Paulo Coelho which manifests his theosophical perspective. Related to this case, this study aims to describe the portrayal of Coelho's existential crisis and to analyze the portrayal of Coelho's theosophical perspective as part of the process of gaining self- discovery. This study uses qualitative approach particularly literary study to analyze phenomena related with the problem in the novel.

This study reveals that *Aleph* portrays Coelho's existential crisis and theosophical perspective and also the manifestation of the interrelated ideas between existentialism and theosophy by taking the similar concepts which cover the importance of self- awareness, to act, and the aim to achieve something that can improve one's quality of being an authentic human.

It is suggested that the next researchers to do deeper study and analysis in connection with existentialism and to relate this philosophy to biographical studies in order to broaden the critical analysis about the relationship between existentialism and the author's biography.

## ABSTRAK

Sari, Ratna Candra. 2013. **Manifestation of Theosophical Perspective In The Process of Gaining Self- Discovery in Paulo Coelho's *Aleph***. Program Studi Sastra Inggris, Universitas Brawijaya. Pembimbing: (I) Yusri Fajar (II) Fredy Nugroho Setiawan.

Kata Kunci: Theosofi, Penemuan Jati Diri, Krisis Eksistensial, Paulo Coelho, *Aleph*.

Eksistensialisme mengemukakan ide tentang manusia harus mendefinisikan bagaimana hidupnya. Eksistensialisme menginspirasi manusia untuk memahami eksistensi dirinya dan segala konflik yang hadir di dalamnya. Manusia mengalami krisis eksistensial ketika ia dihadapkan dengan pertanyaan mengenai esensi sebenarnya sebagai manusia yang hidup di dunia fana. Namun masalah ini dapat pula mendorong manusia untuk mencari solusinya. Dikarenakan setiap individu memiliki caranya sendiri untuk menyelesaikan masalahnya, studi ini menganalisa usaha yang dilakukan Paulo Coelho dalam menghadapi krisis eksistensial dalam novel autobiografinya yang berjudul *Aleph*, yang menggambarkan perspektif theosofinya. Sehubungan dengan fenomena tersebut, studi ini bertujuan untuk mendeskripsikan penggambaran dari krisis eksistensial Paulo Coelho serta untuk menganalisa penggambaran perspektif theosofinya sebagai bagian dari proses dalam mencapai penemuan jati diri. Studi ini menggunakan pendekatan kualitatif, khususnya studi literatur untuk menganalisa fenomena- fenomena yang berhubungan dengan masalah- masalah yang tergambar di dalam novel tersebut.

Studi ini mengungkapkan bahwa *Aleph* menggambarkan krisis eksistensial Paulo Coelho, perspektif theosofinya, serta manifestasi dari ide- ide yang saling berkaitan antara eksistensialisme dan theosofi melalui konsep- konsep serupa yang meliputi pentingnya kesadaran diri, bertindak, dan tujuan untuk mencapai sesuatu yang dapat meningkatkan kualitas seseorang untuk menjadi manusia yang seutuhnya.

Penulis menyarankan kepada peneliti selanjutnya untuk melakukan studi lebih dalam dan menganalisis eksistensialisme serta menghubungkan filosofi ini dengan studi biografis untuk mengembangkan analisis kritis tentang hubungan antara eksistensialisme dan biografi sang pengarang.

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